

Please forward any questions you may have on these reports, to the D. Secretary using the link on the Convention webpage. The question will be forwarded to the relevant D. Officer and their reply will appear under the “Answers” button on the webpage.

District Service Team

District Service Chairman – Rizvi Rawoof

At the GST meeting of the 28th Nov. MDO for **Speech & Hearing** mentioned that only SE does not have a District Officer. I mentioned that our DG is made aware of, discussed and an Email has been sent to our DG as well as to the MDO Speech & Hearing regarding this matter.

Multiple Districts seems to have done extremely well during the last quarter even in these challenging days.

Environment and Gleaning goes hand in hand. Certain clubs have been functioning together with volunteers in Orchards and gathered 2150 Kg of apples with 30 volunteers of which 20 have been Lions. In Dist. CE, 2 Tons of Apples and Pears have been gleaned from a Southwell farm. This seems a good cue for some other clubs in SE to take part during the next season.

Hunger- At least 1.3 in a class of 30 are in poverty. Each breakfast costs .34p. “Approximately 1,8 million school age children are at risk of starting the day hungry in the UK. Tesco’s of some areas also help in this regard. Partnership with “Magic Breakfast” may be useful. Each breakfast costs .34p only.

Membership- “Rural Youth Europe” has younger membership. Partnership with them also could be a good potential to attract them to Lions when they are older. 268 new Lions have joined in multiple Districts so far this year.

Vision-Chichester is doing a grand job in spectacle collections and recycling and takes the lead role in this Project.

Mental Health-Stanford Lions does awareness sessions linked to “Mind” “Mencap” etc.

Childhood Cancer- Charities face a 60% drop in collections and needs help to face this challenge.

Diabetes-There are many types of Diabetes. Many of them are unaware that they already have diabetes. Awareness programmes are important.

Diabetes Projects Coordinator – Reg Swaden

Diabetes Day is 14th November each year with a short period after this date for donations to be sent.

I am looking to make a donation to Diabetes SE UK from our District 105SE Diabetes account. Donations are needed to enable continuation of Research into Diabetes thus reducing the cost to the NHS.

Covid 19 has reduced donations.

We now have a new MD Diabetes Officer, Karam Bharij, who has been working with the NHS and Diabetes UK.

A booklet entitled "Type 2 Diabetes REMISSION" is in draft format. It is a plan to reduce the numbers of those with Type 2 Diabetes and on completion will be distributed to GP surgeries. We also have possession of the Document.

We have just had our 1st Zoom Meeting and there are a number of queries to be sorted out.

If we can, as District Clubs, get involved with NHS Diabetes Tests Teams, NHS would, hopefully Pay for Testing.

Clubs or Districts would have to fund the Set-up Time, Place and Advertising etc., which is a normal process. This is going to take some time and will be dependent on Local NHS Teams availability.

If the Flu Injection System in use in Halls by some GP's were used as an example, giving good social distancing and good individual management, which seems to work OK and meeting Government Requirements, 2021 could be a busy year.

This would meet the Government need to seriously reduce the number of people being diagnosed with Diabetes and reduce the current high cost of the Diabetes budget Nationally.

Medic Alert

I have circulated the Latest "Medic Alert Matters" brochure for all members.

Message in a Bottle

Some Bottles are being distributed but cancellation of high number visitor Events, visits to Day Centres etc., and Social Distancing has reduced numbers.

Environment Projects Coordinator – Margaret Luxton

The most recent 'Environment Newsletter', along with details of 'The European Lions Environmental Grant 2020' was included in the November issue of SE News, thanks to PDG Rod. However, I have received no feedback from Clubs regarding any applications made in respect of the Grant. This is not surprising given the current situation and subsequent difficulty in organising and progressing environmental initiatives.

Thank you to those Clubs who have contacted me with details of the many and varied projects and activities that their members have been engaged with since July. In spite

of continued restrictions and a second lockdown, Lions have continued to do what they can to support and protect the environment within limited boundaries.

Please keep me updated with any pre- or post-Christmas projects such as: Charity Christmas Tree sales and delivery/renting a Christmas Tree from a British farm which is then collected after use and replanted or collection of used Christmas Trees for Chipping or Brash Bundling etc.

Please be reminded that KSSAA have ceased their collections of crisp packets, at least for the time being. In the meantime, please see the Environment Newsletter in the November edition SE News or contact me for information relating to 'Walkers' in association with 'Terracycle' and their public drop-off locations for crisp packet collections and recycling.

I am hoping to hear from anyone who has been involved with a Toilet or Tap Twinning Project, has been aware of a Mask Tree in a local Bus Shelter or has any experience of 'Recycling for Good Causes'.

Finally, it was amazing to hear Leo Harris, our District Candidate for the Young Ambassador Competition 2021, give a presentation detailing his Soda Gas Canister Business, which aims to decrease the use of plastic bottles, thereby also reducing the CO2 emissions which are a direct result of the production of the bottles and the transportation. Well done Leo! Brilliant!

Vision and Hunger Projects Coordinator – Graham Illsley

General – Vision

Vision is a fantastic way of promoting Lionism in our communities. One positive way is through recycling used spectacles, I am pleased to see Chichester Lions are back up processing spectacles (sadly suspended again at time of report due to Covid – 19 restrictions), they had managed to clear the backlog, which is fantastic given the tight controls in place for Covid, well done to all involved. Interesting article in the Autumn/Winter 2020 LION Magazine. Table top bins for recycling used spectacles at a cost price of £5 each, branded and space for the club name are available.

General – Hunger

With the restrictions imposed on us in relation to Covid -19 it has not been very particle for myself and members of the District to get out in the community and build on opportunities we have to tackle hunger.

One of the opportunities being presented is Gleaning, members can register with groups in their area to help harvest food that would otherwise be discarded after the main harvest, especially fruit and vegetables. The bulk of the produce harvested goes to a major redistribution charity like FareShare, though individuals can collect for their own causes.

Many Clubs have been supporting Food Banks in their communities. During Covid – 19 these facilities are even more important. There is an opportunity to link in with groups like OLIO and Too Good To Go. OLIO connects people in your neighbourhood with surplus food. Too Good To Go is designed to issue food nearing the end of its shelf life, though still good to use at a significantly reduced price.

A lot of support is provided by MD Officer Chris who runs interesting Zoom sessions and Newsletters.

Childhood Cancer Projects Coordinator – David Sluys

I became a member of Adur East Lions in June 2019 having previously been a friend both in Mallorca and Shoreham. I have friends and family that have had their lives adversely affected by childhood cancers. As a teacher, I attended too many funerals and have seen the devastation caused to families by this. I am determined to make a success of my fundraising during the coming years. In February 2019, I ran the Worthing half-marathon on behalf of LIBRA and collected a four-figure sum. On the 26th September 2021, we will be working with LIBRA and using the East Grinstead Fun Run to raise funds for future research. To make this event a success, I will be looking for volunteers to join a Lions team who will run on behalf of LIBRA. The other major event planned for next year will be on behalf of Brain Tumour Research at Worthing Golf Club on the 27th May. The day includes coffee and a bacon roll on arrival, a Texas Scramble Golf Tournament followed by a two-course lunch. After the lunch there will be a Charity Auction. During the day there will also be a stall selling merchandise and a raffle. I do need Lions members and friends to join us on that day and help to make it a success. The cost for the day will be £36.00 for Worthing Golf Club members and £66.00 for non-members. I would be most grateful for any suitable items for the auction and raffle. In the current situation activities have been limited, but money has been raised by local clubs. My own club had a very successful collection for Brain Tumour Research during an Artisans market and a Plant Sale was held on our behalf by a local schoolgirl.

Air Ambulance Liaison – Howard Lee

Despite the pandemic, indeed in some ways because of the pandemic, the service provided across our District by Air Ambulance Kent Surrey and Sussex (AAKSS) is more vital and more comprehensive than ever, and our relationship with them continues to

grow. The wonderful support given to AAKSS by many Clubs and Lions across our District continues, and the great effects of our support continue to mount.

Convention 2017 agreed to raise £36,000 to provide AAKSS with a head scanner. This is the first stage in a project to develop a head scanner that can be used “in the field”, so that head trauma patients can be checked for cranial bleeding and other potential head damage at the site of the incident, or in the aircraft in transit to hospital, thus greatly increasing the chances of minimising the effects of such injuries. We have also provided £10,000 towards the necessary patient trials, ethical approval for which was granted in October 2020. We await the results of those trials so that we can support this project further.

Whilst we wait for further progress on the head scanner, we have supported a series of smaller projects, such as eight video laryngoscopes and accessories at a cost of £13,750, and a further emergency response vehicle at a cost of £38,000. This brings the support we have so far given since the Steering Group was formed in 2012 to nearly £340,000.

We are now requesting donations to supply two Tempus systems at £20,000 each. The Tempus ALS system consists of the Tempus Pro Monitor paired with the Tempus LS Defibrillator. AAKSS’s current units have been in use since 2017 and are due for replacement. The Tempus Pro monitors are carried to every single one of their patients. In addition to monitoring the patient’s vital signs, the Tempus Pro Monitor allows AAKSS to transmit live patient data, video, and audio from the scene to their remote on-call consultant. As a result, accurate information of patient injuries, vital signs and administered drugs and their effect can be analysed remotely enabling remote advice to be given by a senior doctor.

Part of the ‘fine-tuning’ of patient care described above is based on understanding second-by-second what the patient’s physiology is doing. The Tempus system allows AAKSS to do this. They can see their blood pressure, oxygen and carbon dioxide levels, temperature and more, changing over time which gives critical clues about what is happening to the patient. The fact that this information can be seen by the on-call consultant means that an extra pair of eyes can be screening this ‘data stream’ looking for changes and trends. On several occasions, the consultants have spotted a problem developing whilst watching remotely from home, and have called the crew to warn them, leading to significant intervention to help the patient. No other monitor can provide this level of functionality. Importantly, no other has proved as robust either, bearing up to the harsh physical nature of air ambulance work day-to-day. Replacing these items as they approach the end of their service life with the most up-to-date versions will allow Team KSS to continue to provide world-leading patient care, optimising the chances of a successful outcome.

Please support this latest initiative all you can by sending donations to the District Charities Treasurer, Lion Tom Berry

AAKSS's fight against Covid-19 has also received assistance from Lions Clubs International Foundation (LCIF). MD105 received a grant from LCIF for funding in the sum of £160,000 to assist all the charitable Air Ambulance services across the British Isles. From this sum, AAKSS received nearly £10,000 to purchase three ISO-CAPsules. The ISO-CAPsule has been designed for the temporary isolation of a person contaminated by infectious diseases, while transporting/transferring them to hospital. It is a light and portable isolation unit, which has been designed to allow a transportation board to support the patient. It is self-contained and can operate continuously for approximately seven hours without replenishment. The capsule provides an exterior shelter to protect the patient from the outside environment and the outside environment from any infectious hazard contained within the chamber. This will allow AAKSS safely to transport covid-19 patients on the aircraft, allowing them to help the NHS as much as possible and together fight against the Coronavirus pandemic in the UK.

On 4th February 2020, then DG David Butler, Paul Withers, Tom Berry and I attended the 30th Anniversary celebrations of AAKSS at their Redhill base. This was a very successful event, and DG David got to meet the Princess Royal. We have followed this up on several occasions since by meeting with our new main contact at AAKSS, Kelly Heaton-Ralph, sometimes in person (when permitted) and sometimes by Zoom.

In lieu of the normal annual Lions' Open Day with AAKSS, a Zoom meeting was held, with about 30 people in total online. We heard an update from AAKSS CEO David Welch on their broader picture, and from Leigh Curtis on their service delivery. We received an insight into the role of an AAKSS dispatcher from Richard de Coverly, and we had a virtual tour of the new Rapid Response Vehicle (complete with Lions logos) we have provided. We also had a very useful viewing and explanation of the Tempus system for which we are now fundraising. All in all, this was a very informative and interesting meeting, and the video recording can be viewed at <https://vimeo.com/477714768>

We were also invited to take part in AAKSS Christmas "Brew with the Crew", an online broadcast on Facebook to liaise with their supporters. I was able to submit a video congratulating them on their wonderful service, updating on the support we have been giving them, and wishing them and all their other supporters a merry Christmas. The broadcast can be seen at <https://www.facebook.com/airambulancekss/>

I make no apology for repeating the reasons for our support for AAKSS. The life-saving service they provide is vital to the wellbeing of all people in our area, and its objectives are in total alignment with our own. Through our partnership with AAKSS, we can identify exactly what wonderful results our support produces, and how many lives it saves. We can truly say that this is:

Lions Helping to Save Lives

I thank the County Representatives and other Steering Group members (see list below) for all their dedication and hard work, and I would entreat all Lions Clubs in SE to

continue to support this life-saving initiative by sending donations to the District Charities Treasurer, Lion Tom Berry.

**PID Howard Lee,
Chairman**



Lions Air Ambulance Appeal Steering Group

Steering Group Members:

PID Howard Lee	Chairman	01252 724865
PDG Paul Withers	Secretary & Surrey	01483 548349
PDG Tom Berry	Treasurer & PR	01303 892064
PCC Chris Iles	Kent	01634 373840
PCC Rod Weale	Surrey	01483 898006
PDG Frank Lees	East Sussex	01892 654196
Lion Paul Dedman	West Sussex	01903 814178

LIBRA Liaison – Andrew Lodge

Due to Covid-19 it has been an extremely difficult time for the King's College Hospital Haematology Department and for LIBRA's ability to operate fully.

However, LIBRA has been blessed with many donations from Lions Clubs and individual patients and families including a recent £10,000 legacy.

Going into the new year LIBRA aims to raise the remaining 50% towards its £300,000 target for the current Going for Gold campaign.

LIBRA Chairman Andrew Lodge recently spoke to Professor Ghulam Mufti at King's and he advised Chairman of a new ground-breaking genetic research project requiring urgent funding.

LIBRA is pleased to announce that it has approved funding of the project which is being undertaken by the Haematology Department. The project is the first of its kind in the world and the objective is to benefit Aplastic Anaemia patients and patients suffering with related blood cancers on an international scale.

King's requested funding of £56,000 from LIBRA. Professor Mufti who is leading the study and his team urgently need the funds to carry out in-depth analysis of the genes of the immune system to discover the following:

Research aims:

1. Why does the disease show racial and geographical variation, specifically is it to do with the immune system we are born with?
2. Can we predict who is going to respond to standard immunosuppressive treatment?
3. Can we predict who is likely to develop Myelodysplastic syndrome and Acute Myeloid Leukaemia after recovering from Aplastic Anaemia?
4. Why does the Aplastic Anaemia develop in the first place at the specific age peaks?

The results from the study will be pivotal in understanding these key questions relating to Aplastic Anaemia. The disease currently carries incredibly significant mortality and morbidity. More importantly, it will also allow novel therapies for this disease as well as Myelodysplastic syndrome and Acute Myeloid Leukaemia.

Following a successful clinical trial, samples for the project are now available and research will go ahead with the support of LIBRA in early 2021.

The LIBRA team will be providing more details about the project and its findings over the coming months.

@King's magazine has requested to run a story about the support of LIBRA in the next edition of its stakeholders magazine.

LIBRA will also be communicating the project via PR channels including the LIBRA website and social media pages.

Other News

- The latest edition of the LIBRA newsletter is available to download in PDF format online here <https://libralionscharity.org/libra-newsletter-2/>
- Lions Club visits to King's will be arranged again once Covid-19 restrictions have lifted and King's will safely allow.
- LIBRA marketing materials are all available in PDF format including Going for Gold literature and legacy giving should you require them.

Knockout, SOGB & Disabilities Liaison – Derek Ransley

As mentioned in my last Cabinet Report I have made contact with all zone Chairmen to ascertain an insight into the various activities which Clubs/Zones are involved in, i.e. 'It's a Knockout' plus any other disability assistance.

I had a good response from Zone Chairmen, some of whom asked their Clubs in their particular Zone to contact me. Again, the response was very encouraging and I have certainly got an insight to the various activities which Clubs and Zones are involved in.

There are a few Clubs which do not participate but are certainly interested in what other Clubs do. I will discuss this with them to perhaps organise and set up any event in which they might like to take part.

I am unsure as to when we will actually be able to start to organise events due to the current situation in which we find ourselves. Personally, I cannot see things improving until the earliest, Easter 2021.

Stay Safe and Well, Everyone

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